Oral Health for Caregivers

*Training of Trainers Workshops*

Good oral health is central to successful aging and caregivers play a critical role in making sure clients’ oral care is addressed. Oral health is directly related to good nutrition, self-esteem, and quality of life. Just as important as exercise, good oral health habits prevent disease.

This workshop is designed for training and professional development managers. The 5-hour interactive workshop is up-to-date and provides a high-quality continuing education learning opportunity. The curriculum is ready to use right away to educate formal and family caregivers and includes oral health education demonstrations, visuals, and printed materials in an easy-to-understand format.

Key components of the training:

- Basic oral care and disease prevention strategies
- Understanding the impact of medications on oral health
- How diabetes and other chronic conditions are related to oral health
- Tactics for working with clients with dementia and behaviorally-challenged clients
- Hands-on practice and demonstrations
- Training modifications to meet diverse participant needs

Who should attend? Professionals who provide continuing education classes for caregivers.

What’s included? 5-hours CE; continental breakfast and lunch; and a training kit that includes the full curriculum, demo materials, handout masters, links to online training materials, and an implementation guide to plan future caregiver trainings. Training kit value: $150

Registration: The training is free for Washington residents and $95 for out-of-state participants. To register, please complete the attached registration form and email or fax it to:
Matt Gonzalez, Washington Dental Service Foundation (WDS Foundation) mgonzalez@deltadentalwa.com; fax 206-985-4779.

Registration deadlines:

For the May 5th training in Seattle, please register by April 28th.
For the October 6th training in Spokane, please register by September 29th.

Instructor

Jenny Shuler, CDA, BA Jenny has experience as a dental assistant, health educator, community outreach specialist, and clinical program coordinator.

Currently, she is an educator for PeaceHealth St. Joseph Medical Center in Bellingham and an oral health consultant.
Contact Information

Name ____________________________________________
Title/Role _________________________________________
Organization _______________________________________
City __________________________ State _______ Zip ________
Phone __________________________ Email ______________________

Training Background

How long have you been training others? ________ (years)
How many caregivers do you typically train each year? ______
How many oral health trainings do you plan to offer in the next year? __________

For which audiences do you usually provide training?
(i.e., home care aides, medical aides, social workers)
_________________________________________________________
_________________________________________________________
_________________________________________________________

What subjects do you usually teach caregivers?
_________________________________________________________
_________________________________________________________
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Details

• Training will start at 8:30 am with a continental breakfast and will conclude at 3 pm.
• Confirmation notice with location, driving directions, and parking instructions will be sent prior to the event.
• Registration deadline: Seattle, April 28th and Spokane, September 29th

For more information, contact: Karen Lewis, WDS Foundation, 206-528-7344 or klewis@deltadentalwa.com.